

# Dish

DECEMBER 2016

## *In This Issue:*

**MANDARIN ORANGE  
CRANBERRY SAUCE**

2

**SLOW COOKER  
PORK TENDERLOIN**  
*with cranberry sauce*


4

**KNORR SPINACH DIP**

5

**CRANBERRY LIME  
MARGARITA PUNCH**

7



**Cranberries**  
*A Spectacular  
Holiday Superfood*  
Look throughout this issue of  
**Dish** to find recipes that use  
the antioxidant-rich  
fruit of Winter!





**WENSLEYDALE CREAMERY—  
with Cranberry**

**14.99/LB.**

Wensleydale with Cranberries is a hand-made Yorkshire cheese. It is made from milk drawn from cows grazing the sweet limestone pastures on surrounding farms in Upper Wensleydale. This gives the cheese the unique flavor for which it is renowned. The cheese is a fresh, young cheese taken at only three weeks old - it has a clean, mild, slightly sweet flavor with a honeyed aftertaste.



**ALOUETTE –  
Cranberry Apple Spice**

**BUY 2 | GET 3 FREE**

Soft Spreadable Cheese - a flavorful blend of whole cranberries, apple and cinnamon for a twist on the holiday classic flavor perfect for spreading on a bagel or crackers.

the  
Cheese  
plate

**MANDARIN ORANGE  
Cranberry Sauce**

makes 2 1/4 cups

**Ingredients**

- 3/4 cup HT Traders sugar
- 1 cup water
- 1, 12 oz. package fresh cranberries
- 2 cups HT Traders Fancy Mandarin Orange Segments, strained

**Directions**

Combine sugar and water in a medium saucepan.

Bring to boil; add cranberries, return to boil.

Reduce heat and boil gently for 10 minutes, stirring occasionally.

Add mandarin oranges.

Leave as is, or puree the sauce to create a consistent smooth texture.

Cover and cool completely at room temperature.

Refrigerate until serving time.

**Celebrate** THE TRADITIONS OF  
**Chanukah**



13 oz.  
Golden  
Cheese  
Blintzes  
**4.99**



4.2 oz.  
Kedem  
Tea Biscuits  
**79¢**



6 oz.  
Manischewitz  
Potato  
Pancake Mix  
**2/\$6**



44 ct.  
Streit's  
Chanukah  
Candles  
**4/\$5**



.53 oz.; Milk or Dark  
Manischewitz  
Chocolate Coins  
**3/\$1**

**oooh, SOMETHING NEW**



16.9 fl. oz.  
Mango or Original  
Hapi  
Aloe Vera Drink  
**2.49**



3.5 oz.  
Selected Varieties  
Koyo  
Rice Crackers  
**3.59**



3 oz.  
Sweet & Savory Pops or  
Seapoint Farms  
Seaweed  
Sweet & Savory  
Fava Chips  
**2/\$5**

35 oz.  
HT Traders  
Fancy Mandarin Orange Segments  
**2/\$7**



Product claims are the responsibility of the manufacturer. The information in this flyer is not intended to diagnose, treat, cure, or prevent any disease or condition, and is for entertainment purposes only.

All items priced with  
VIC Savings Card



**Harris Teeter**  
Neighborhood Food & Pharmacy



# Warm Meal Essentials

FOR THOSE DARK NIGHTS & SHORTER DAYS

16.9 fl. oz.  
**Monari Federzoni**  
 Balsamic Vinegar  
 BUY ONE GET ONE  
**FREE**



8.45 fl. oz.  
 Selected Varieties  
**HT Traders**  
 Dipping Oil  
**4.99**



24.5 to 25 oz.  
 Selected Varieties  
**Mezzetta**  
 Pasta Sauce  
 BUY ONE GET ONE  
**FREE**



24 oz. Basil or  
**Monte Bene**  
 Garlic Marinara  
 Pasta Sauce  
**3.99**



12 fl. oz.  
 Selected Varieties  
**Girard's**  
 Dressing  
**3.79**



9 to 16.7 oz.  
 Selected Varieties  
**Marion's**  
 Kitchen  
 Cooking Kit  
**7.99**



12 oz.  
**Nature's**  
 Earthly Choice  
 Organic Quinoa  
**5.99**



5.2 to 7.6 oz.  
 Selected Varieties  
**Near East**  
 Pilaf or  
 CousCous  
**3/\$5**



24 oz.  
 Selected Varieties  
**Rao's**  
 Homemade  
 Pasta Sauce  
**7.99**



## STOCK UP ON a selection of pastas

TO AVOID MEALTIME BOREDOM

16 oz.  
 Selected Varieties  
**DelVerde**  
 Pasta  
**2/\$5**



## Slow Cooker PORK TENDERLOIN

with cranberry sauce

about 4 hours on low setting | serves 6

### Ingredients

- 1, 4 1/2- to 5-pound boneless pork loin roast, trimmed and tied at 1-inch intervals
- 2 tablespoons **Lord Sandy's Worcestershire Sauce**
- 1 tablespoon **Lucini Premium Extra Virgin Olive Oil**
- About 2 cups **Mandarin Orange Cranberry Sauce** (recipe on page 2)
- 1/2 cup dried cranberries
- 1/2 cup HT Traders Orange Juice
- 3, 3-inch-long strips orange zest, trimmed of white pith
- 1/8 teaspoon HT Traders Ground Cinnamon
- 1 cup fresh thyme
- Salt & pepper to taste

### Directions

Dry pork with paper towels and season with salt and pepper. Heat oil in 12-inch skillet over medium-high heat until just smoking. Brown pork well on all sides, 7 to 10 minutes.

Stir worcestershire sauce, cranberry sauce, cranberries, orange juice, orange zest, and cinnamon into slow cooker. Nestle browned pork into slow cooker. Cover with sauce and fresh thyme and cook until pork is tender and registers 140 to 145° on instant-read thermometer, about 4 hours on low.

Transfer pork to cutting board, tent loosely with aluminum foil, and let rest for 10 minutes. Let braising liquid settle for 5 minutes, then remove fat from surface using large spoon. Discard orange zest. Transfer braising liquid to saucepan and simmer about 15 minutes to reduce. Season with salt and pepper to taste.

Remove twine from pork, slice into 1/2-inch-thick slices, and arrange on serving platter. Spoon 1 cup sauce over meat and serve with remaining sauce.

8 fl. oz.  
**Lord Sandy's**  
 Worcestershire  
 Sauce  
**2.79**



17 fl. oz.  
**Lucini Select**  
 Extra Virgin  
 Olive Oil  
**14.99**



8 fl. oz.  
 Selected Varieties  
**Maple Grove Farms**  
 Dressing  
**2/\$5**



12 fl. oz.  
 Selected Varieties  
**Nakano**  
 Rice Vinegar  
**2/\$5**





# Holiday Classics **MAKE MERRY HEARTS**



**Knorr**

## SPINACH DIP

**Ingredients**

- 1, 10 oz. box frozen chopped spinach, cooked, cooled and squeezed dry
- 1, 16 oz. container HT Traders Sour Cream
- 1 cup HT Traders Mayonnaise
- 1 package **Knorr Vegetable Recipe Mix**
- 1, 8 oz. can HT Traders Chopped Water Chestnuts, drained
- 3 green onions, chopped (optional)

**Directions**

Combine all ingredients and chill for about two hours. Serve with your favorite dippers to your favorite people.

Check out these ideal dippers on the back page!

check the Circle Tips!

1.4 to 1.8 oz. ; Selected Varieties

**Knorr Recipe Mix**  
**1.79**



.5 to 1.6 oz. Selected Varieties

**Knorr Pasta Sauce Mix**  
**1.79**



7.05 oz. **After Eight Mints**  
**4.49**



for a Post Dinner Treat

.9 oz. Hollandaise or Knorr Bearnaise Sauce Mix  
**2/\$3**



4.5 oz. Snickerdoodle Drizzle or Double-Up Fudge Popcorners Minis  
**2/\$5**



for a Quick Snack

10.5 oz. **Biscoff Santa Cookies**  
**3.99**



add me to The Gift Basket

16 fl. oz. Selected Varieties **Holland House Cooking Wine**  
**2.99**



13 oz. Selected Varieties **Bonne Maman Preserves**  
**3.99**



add me to the Cheese Plate

16.5 fl. oz. Selected Varieties **Torani Sauce**  
**3.99**



add me to The Gift Basket

# TREAT YOURSELF or ADORN A GIFT BASKET with these gourmet treats

8.8 oz. **Biscoff Cookies**  
**3.29**



40 ct. **Nektar Honey Crystal Packets**  
**5.99**



7 oz. Selected Varieties **Tate's Bake Shop Cookies**  
**3.99**



10 oz. **HT Traders Cheddar Cheese Straws**  
**5.99**



23.5 fl. oz. Raw or **Wholesome Organic Blue Agave Sweetener**  
**7.69**



11.75 fl. oz. Light or **Madhava Organic Amber Blue Agave Sweetener**  
**3.99**



### Artisan Hand-Stitched Pouches

Each portion of whole leaf tea is precisely measured and carefully wrapped in a hand-stitched pouch. These large, silken pouches showcase the distinctive beauty of our special blends and give the leaves room to unfurl as they steep, allowing the nuanced flavors to fully infuse for the ideal tea experience.

15 ct.; Selected Varieties **Mighty Leaf Tea**  
**5.99**







# Cranberry Lime MARGARITA PUNCH

### Ingredients

- 6 cups water
- 1, 12 oz. container frozen cranberry juice cocktail, thawed
- 1/2 cup BarSmith Lime Juice Mixer
- 1/4 cup sugar
- 2 cups ice cubes
- 1 cup Fever-Tree Ginger Beer
- 1 orange, thinly sliced
- Fresh cranberries and strawberries

### Directions

Combine water, cranberry juice, lime juice and sweetener in a punch bowl. Stir until the sweetener dissolves.

Stir in ice cubes, ginger beer and sliced orange.

Serve, garnishing each glass with a few cranberries, strawberries and orange slices.

alcohol-free

## Get The PARTY Started!

4.4 to 8.8 oz.  
Selected Varieties  
HT Traders  
Crackers  
**2/\$5**



59.2 fl. oz.  
Selected Varieties  
Master of Mixes  
Mixer  
**5.99**



12.7 fl. oz.  
Selected Varieties  
BarSmith  
Mixers  
**4.49**



8.5 oz.  
Mammoth Pecans or  
HT Traders  
Deluxe Mixed Nuts  
**6.99**

16.9 fl. oz.  
Selected Varieties  
Fever-Tree Beverages  
**2.99**



9.8 oz.  
Selected Varieties  
HT Traders  
Tapenade  
**3.99**



5.3 to 6 oz.  
Selected Varieties  
HT Traders Olives  
**2/\$6**



8 oz.  
Selected Varieties  
HT Traders  
SoCrisp  
Pita Chips  
**2/\$5**

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