Time to start thinking about what the kids will need for the new school year.

Back to school!

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Dish
July/August 2019

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Prices Effective July 17th to August 13th, 2019
All items priced with VIC Savings Card
Almond Butter Granola

4 Tbsp. Smooth Barney Butter
4 Tbsp. honey
1/2 tsp. cinnamon
1/2 tsp. vanilla extract
2 Tbsp. chia seeds
2 cups oats

Preheat oven to 325 degrees and spray cookie sheet with cooking spray. Combine Barney Butter and honey in a bowl and microwave until Barney Butter is slightly melted, about 30 seconds. Stir Barney Butter and honey together. Add cinnamon and vanilla to Barney Butter mixture. Stir oats and chia seeds into Barney Butter mixture, completely coating oats in the mixture. Spread oats onto a cookie sheet and bake for eight minutes before tossing oats and baking for another four minutes until granola is slightly brown. Let cool until granola is crunchy and enjoy!

Courtesy of www.barneybutter.com
Selected Varieties; 7 to 10 oz.
Schär Gluten Free Breads

5.79

Found in the Bread Aisle!

Selected Varieties; 1.76 oz.
Think Thin Oatmeal

2/$4

Selected Varieties; 25.4 fl. oz.
Kitu Super Creamer

3.99

NEW

Selected Varieties; 32 fl. oz.
Cheribundi Tart Cherry Juice

7.99

Selected Varieties; 4.2 oz.
Munk Pack Oatmeal Fruit Squeeze

2.79

13 oz.
Melt Organic Rich & Creamy Spread

3.99

16 oz.
Melt Organic Buttery Sticks

5.99

15.5 fl. oz.
Guayaki Organic Yerba Mate

2.79

All items priced with VIC Savings Card
Selected Varieties; 6 oz.
Frontera Marinade
2/$4

Selected Varieties; 12 fl. oz.
Walden Farms
Dressing
2/$7

Selected Varieties; 12 fl. oz.
Brianna’s Home Style Dressing
2/$6

Selected Varieties; 8 oz.
Frontera Skillet or Enchilada Sauce
2.29

Selected Varieties; 8 oz.
O’Dang Hummus Dressing
4.99

Selected Varieties; 8.6 fl. oz.
Nando’s Perinaise Mayo
2/$9
Selected Varieties; 7 oz.  
Saffron Road Simmer Sauce  
2/$5

5 fl. oz.  
Try Me Tiger Sauce  
2.69

Selected Varieties; 4.4 oz.  
Falksalt Sea Salt  
6.99

Selected Varieties; 12 fl. oz.  
Cardini’s Dressing  
2/$6

5.5 to 7 oz.  
Magic BBQ or Salmon Seasoning  
4.29

15 oz.  
Nutiva Organic Coconut Manna  
10.99

All items priced with VIC Savings Card
Selected Varieties; 4 oz.
Hippeas
Organic Chickpea Puffs
2/$5

Selected Varieties; 5 oz.
Coolhaus
Ice Cream Sandwich
BUY ONE GET ONE FREE

Selected Varieties; 5.6 oz.
Daiya Foods
Burrito
3.99

Selected Varieties; 2.7 to 3.4 oz.
Bare Fruit
Dried Fruit Snacks
3.99

Selected Varieties; 7.1 oz.
Daiya Food
Style Shreds
3.79

All items priced with VIC Savings Card
1 cup organic coconut flour
1/2 tsp. sea salt
1 tsp. baking soda
1/2 cup + 2 Tbsp. raw honey
1 cup coconut milk

6 eggs
4 tsp. vanilla extract
1/4 cup Nutiva Organic Virgin Coconut Oil
1/4 cup organic chia seeds
1 cup organic blueberries

Preheat oven to 350°. Sift the coconut flour, baking soda & salt in a bowl. In a blender or bowl mix the milk, honey, eggs, coconut oil and vanilla. Add the chia seeds and blend on low. Let sit for 5 to 10 minutes. Pour the wet ingredients into the bowl with dry ingredients and mix well. Fold in the blueberries to mixture at the very end, and gently stir together. Spoon the batter into greased cupcake sleeves or tins. Bake at 350° for 25 to 30 minutes, until golden brown and cooked through. Cool on rack and serve.

Courtesy of www.nutiva.com
Selected Varieties; 24 oz. Rao’s Homemade Pasta Sauce
6.99

Selected Varieties; 25 oz. Cucina Antica Pasta Sauce
5.99

Selected Varieties; 32 oz. Michael’s of Brooklyn Pasta Sauce
7.99

Selected Varieties; 8 to 12 oz. Explore Cuisine Pasta
2/$7

Selected Varieties; 25 oz. The Jersey Tomato Co. Pasta Sauce
6.99

Selected Varieties; 12 oz. De Cecco Organic Pasta
2/$5

Selected Varieties; 25 oz. De Cecco Organic Pasta
6.99

Selected Varieties; 24 oz. Beecher’s Gluten Free Mac n Cheese
11.99

Selected Varieties; 4.8 oz. Nature’s Earthly Choice Roasted Garlic & Olive Oil Quinoa
3.49

Selected Varieties; 3.5 oz. Crosse & Blackwell Capers
4.49

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